



Teaching Families To Save Lives

**Fact: Sudden Cardiac Arrest Claims
Over 330,000 Lives Annually**

- **Learn how to perform CPR**
- **Practice on a manikin**
- **Learn how to help a choking person**
- **Take home your own kit to practice skills and teach others**

Lifespan Community Training Center

- **Classes will be held at St Brendan's School in EP at 6:30-7:30**
- **Free CPR Anytime Kits will be offered to each family. Only 1 kit per family will be provided.**

LEARN CPR AND HELP SAVE A LIFE!

**Sign up required in advance. For questions, contact
Marianne Stepanian 444-8063**

**** This is not a certified class.**